

# TEA, TALK & TRY!

In the Park

**Inclusive fun day for people of all ages and abilities!**

Free taster sessions in badminton, boccia, bowls, cycling (adapted bikes), table tennis, tennis, walking, tea and a bit of a chat in a relaxed, social setting



**1<sup>st</sup> July 2018  
12.30-3.00pm**

**Westburn Park  
Aberdeen AB25 3DE**

**For more details and to register contact Shaun Powell**

**Email: [shaunpowellgogagrampian@gmail.com](mailto:shaunpowellgogagrampian@gmail.com)**

**Telephone:07565673578**