



NEWSLETTER

Adapted Cycling in Aberdeenshire

Grampian Disability Sport owns a fleet of adapted bikes, currently located in two adapted cycling Hubs in Aberdeenshire.

Our Hub at **Garioch Sports Centre** in Inverurie hosts a full range of adapted equipment including side-by-side tandem, hand cycle, trikes, upright bikes, a recumbent bike and a Frame Running bike. Our Hub in Peterhead is currently in development.

[MORE INFO](#)



Norma Buist Gala held at Aberdeen Sports Village

40 Swimmers from across Aberdeen City, Aberdeenshire and Moray attended the Gala to take part in this first event in the school calendar.

Swimmers with physical, sensory and learning disabilities from a mixture of mainstream schools, ASN bases and ASN schools, gave it their all to produce a whole host of medals and to compete for the top places in each of the 43 events.

[MORE INFO](#)

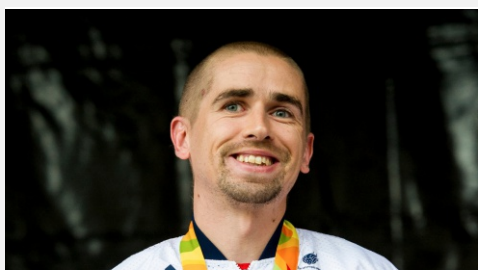




Toni Shaw takes Bronze

Swimmer Toni Shaw started the medal rush at the Tokyo 2020 Paralympic Games, winning her very first Bronze medal in the S9 400m Freestyle event.

[MORE INFO](#)



Neil Fachie takes Gold

Niel Fachie returned to the Paralympics for his third time and took Gold in the B1000m Time Trial in cycling. His Gold medal joins his other gold and silver medals won at London 2012 and another silver four years later in Rio.

[MORE INFO](#)



Conner Morrison reaches final in Paralympic debut

Conner qualified for the SB14 100m Breaststroke event at Tokyo 2020. He performed well in all heats to reach the finals in his first paralympic debut.

[MORE INFO](#)

Football with Hermes Bridge of Don YFC

Football has returned to Aberdeen for people with disabilities and additional support needs. Sessions are being held at the **Aberdeen Sports Village's** indoor pitch for those 14 to adult with an ambulant disability, run by the **Hermes Bridge of Don YFC**.

[MORE INFO](#)



Events and Festivals with Active Schools

In conjunction with **Active Schools Aberdeen** and **Active Schools Aberdeenshire** we have a range of come-and-try events and festivals to help give kids with disabilities in primary & secondary school an opportunity to try something new.

[MORE INFO](#)



Paralympians go surfing in Moray

Paralympians Karen Darke and Hanna Dines discovered adaptive surfing with **SurfABLE Scotland** based in the North East, who are Scotland's first inclusive and fully adaptive surf therapy programme.

Sessions are run in Lossiemouth, Hopeman, Cullen and Sandend and consist of additional support needs groups (ASN), 1 to 1, and non-assisted groups sessions.

[MORE INFO](#)



Chrysalis Tennis is joined by Judy Murray

Our friends at **Chrysalis Tennis** have had a blast spending the afternoon with Judy Murray at one of their indoor sessions.

The Group is based at the **Aberdeen Tennis Centre** and help young people with Down's syndrome learn to play and enjoy tennis. The team offers a warm welcome to the youngsters and help to make the tennis accessible.

[MORE INFO](#)



Wheelchair Basketball National School Games

Jack Caird and Callum Smith from **Grampian Flyers Basketball Club** have been selected for basketballscotland's Wheelchair National Academy Squads to take part in the **National School Games**.

Team Blue and Team White faced teams from England and Wales at the School Games National Finals held at Loughborough University.

[MORE INFO](#)



Scott Munro raises over £10,000 for Grampian Disability Sport

Scott Munro has now triumphantly completed his sporting challenge **The Great Scottish Triathlon** to raise funds for Grampian Disability Sport.

Exceeding traditional triathlon distances, Scott took on the mammoth challenge of a 28.5-mile standing paddle-board across Loch Ness, followed by a 585-mile cycle along the North Coast 500 route, concluding with a 95-mile run along the West Highland Way – all within an incredibly impressive six days. Scott battled weather warnings, heavy traffic, difficult terrain and very steep hills.

Scott's amazing achievement has been a huge part of his life for over 2 years and he is very happy to have been able to raise over £10,000.

[MORE INFO](#)



Aberdeenshire adventure Camps success at Lochter Activity Centre

Grampian Disability Sport were delighted to offer a series of half-day adventure camps for families living in Aberdeenshire with a member with disabilities and additional support needs aged 8 – 17 over the Summer and October holidays.

Families had the opportunity to take part in a range of adventure activities including buggy driving, water zorbing, go karting, Segway, archery, kayaking and more! In a relaxed environment the staff were very flexible at **Lochter Activity Centre** and went above and beyond to support the youngsters.

The camps were made possible thanks to Get Into Summer and sportscotland funding distributed by Aberdeenshire Clubsport.

[MORE INFO](#)



Affiliates

Aberdeen Physically Disabled Swimming Club
Aberdeen Sports Village
Grampian Flyers Basketball Club
Aberdeenshire Sailing Trust
Citymoves Dance Agency
Aberdeen Indoor Bowling Club
Moray Sports Centre
Aberdeen Amateur Athletic Club
Garioch Indoor Bowling Centre
Adventure Snowsports Aberdeen
Tennis Aberdeen

Aberdeen Learn to Swim
Garioch Gators Swimming Club
Aberdeen Kayak Club
Aboyne Canoe Club
Aquatics Aberdeen
Jump In
Grampian Regional Bowls Squad
Unified Rugby
Moray Province Curling Development Group
Hermes Bridge of Don YFC
Banchory Stonehaven Athletics Club

Partners



Contact Us

Grampian Disability Sport leads in the development of sport for people with physical, sensory or learning disability in partnership with key local agencies in the three local authority areas of Aberdeen City, Aberdeenshire and Moray.

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